



to the Challenge

# A PROGRAM AND PLAYBOOK FOR EMERGING LEADERS

With a combined 40 years' experience in leading teams, your facilitators have designed this program based on their own experiences of what is critical to success, rising up into their first leadership roles

## The RISEUp to the Challenge program

There's no official playbook for leading. With this program, you create your own. It is designed to help new leaders to get to grips with the key challenges of leading others for the first time.

With new responsibility comes the need for the skill to build our own self-awareness and emotional intelligence. We focus on building the confidence to have courageous conversations, rallying the collective wisdom of the team to steer them towards positive outcomes and results.

# What you can expect

The program is delivered over a four month period via a combination of virtual and face-to-face workshops, designed to stretch and equip you with tools for success.

There are four core modules, delivered in 2 to 2.5 hour sessions, plus catch ups with peers. There are also workplace assignments to be completed between each module to embed the learning.

## Who this program is for

This program has been developed for anyone who wants to RISEUp to a leadership role, or who are stepping into a leadership role for the first time.

The stakes are higher, and we understand that you're not just leading yourself, but steering others to achieve results. You aim high and want to engage others to grow, as well as having the ability to rise up to the challenges of your own personal growth and development.

### What's included

Our program is packed with practical workplace tools and your workbooks become your own personal playbook; a leadership resource that you'll be able to refer back to.

Included in the program is an emotional intelligence self-assessment, a strengths profile, and a stress and wellbeing assessment, complete with a personal debrief session.

Our RISEUp to the Challenge Programs are public and can also be run and customised for organisations.



PROGRAM COMPONENTS



### PROGRAM COMPONENTS

The program starts with an introduction to your facilitators and other participants. We'll get to know each other and establish the program flow with a virtual meeting.

Module 1 | RiseUp

RiseUp to lead yourself, so that we may lead others.

This module helps leaders build self-awareness, understand strengths and learning opportunities, and begin their own EQ journey.



journey.

Preparation EQ & Strengths self-

assessment and 1-2-1 debrief to provide new and emerging leaders with personal insights and guide them to identify aspirational goals for their leadership

# Module 3 | Engage

Steer conversations to uplift performance by effectively giving and receiving feedback. We share practical tips for effectively creating a culture of feedback with your team, helping new leaders confidently hold these difficult conversations and influence others.

# Module 4 | Inspire

We take you on a journey of exploring purpose, values and team dynamics with practical tips to help new leaders steer, inspire and engage their team and leverage the team's collective wisdom.

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**Final Module** Reflecting on the workplace application of each module, this final module is a coaching circle with all participants to inspire insights and learnings through the collective wisdom of the group and set a future plan for each participants leadership journey.

### Module 2 | Steer

Steering performance by adopting a coaching mindset to inspire and help your team members lead their own growth. In this module we explore the hats of leadership, when and why coaching, a model for coaching with a live demonstration and the importance of courageous conversations.



For more information, please contact us. We'd love to collaborate with you.

## PROGRAM REGISTRATION

Register your interest.

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