



Transform the performance of your leaders



Coaching is a safe space where we guide leaders to reflect and challenge their thoughts, assumptions, behaviour and ideas. Shaping mindset, coaching with PeopleQ inspires change.

Executive coaching

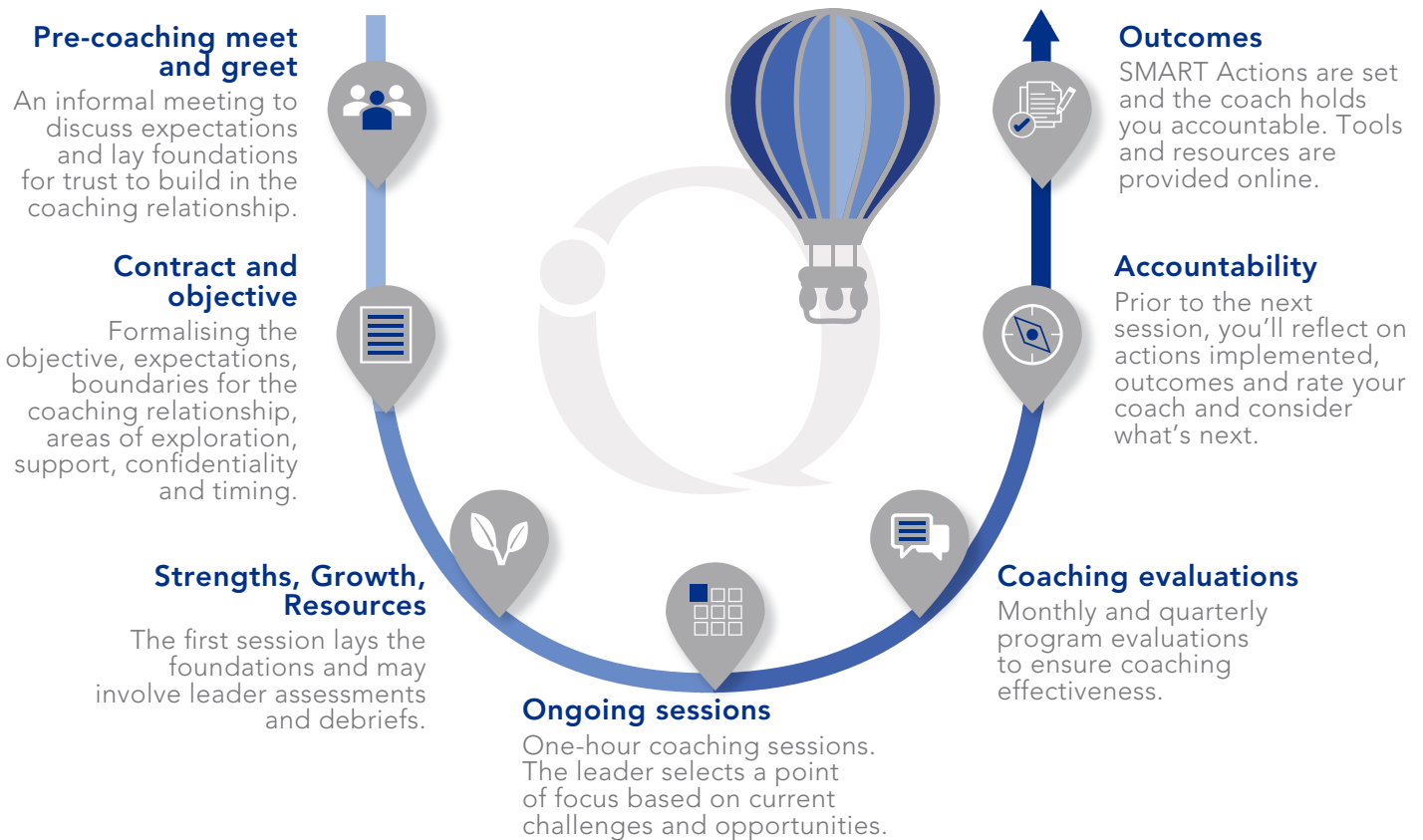
With your coach as a partner, leaders are challenged to cultivate varying perspectives and self-awareness, articulate strengths, values and purpose, giving leaders a framework for decision-making. Coaching enables growth.

Coaching begins with an objective and an emotional intelligence assessment. We anchor sessions to this, assessing progress to ensure coaching is working for you.

Coaching can be a three or four-way relationship between you, your coach, your leader and your organisation, which is why coaching goals are set with all parties. Coaching sessions remain confidential.

Your coach holds you accountable for change, providing support, resources, tools and tips to ensure your success. Coaching becomes a part of your leadership development pathway.

PEOPLEQ COACHING PATHWAY





OUR COACHING PROCESS



Assess

Starting with a coaching objective and may include psychometric assessments.



Develop

Designed to inspire change, we create a safe space and guide you to those aha moments.



Perform

Keeping you to account with commitment to actions. Assess progress monthly and quarterly.

OUR ASSESSMENTS



For leaders to self assess awareness, regulation and direction, this is linked to emotional intelligence, decision making and drive.



Based on seven key emotional intelligence competencies, supporting leaders to build EQ with 180° or 360° feedback.



Conversational Intelligence, a tool assessing communication and trust amongst leaders and their teams.



Strengths guide leaders to harness their best selves. Insights are gained into regularly used strengths and how to enhance energy.



Helping leaders understand behaviour based on Dominance, Influence, Steadiness and Conscientiousness.

Team coaching

Working with teams, your coach will guide them to build trust and create shared meaning to harmonise the teams' effort in delivering organisational outcomes. Ideally suited to teams with a fractured dynamic, but a desire to find a way forward.

A coaching objective is set and sessions are longer to ensure all team members have a voice in the session. The focus is improving team connection and performance.

“I've noticed great improvements in mindset, motivation and relationships. The coaching has changed my life.”

Senior Leader, Engineering

How coaching integrates with our other services

Our approach of humanising the workplace to achieve outcomes focuses on fine-tuning leadership skills to build a people-centric business.

For more information, please contact me. I'd love to collaborate with you.

Melina Lipkiewicz
melina@peopleq.com.au
0498 800 008

